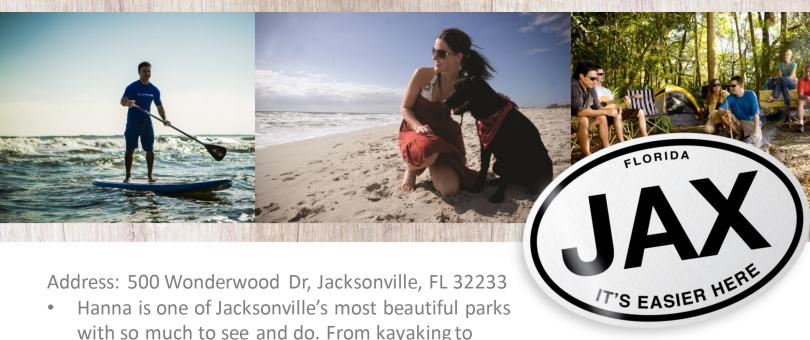
Kathryn Abbey Hanna Park Itinerary



- with so much to see and do. From kayaking to fishing, surfing and paddleboarding, biking and hiking, you really can fill your itinerary up with dozens of outdoors adventures all in this one spot!
- Enjoy a yoga session at the beach while enjoying one of the most beautiful sunrises in the state of Florida. Afterwards, you can take a walk on the beach. Hanna has 1.5-miles of wide and white-sandy coast.
- Hit the trails! You can bike or hike the more than 20 miles of trails Hanna has to offer.
- Hanna is home to Adventure Kayak Florida where you can rent or purchase all your water adventure needs. They have kayaks, paddle boards, pedal boats, and canoes you can rent in the 60-acre lagoon inside the park. They also offer guided tours of the park.
- Hanna Park is one of Jacksonville's top spots for surfing. The park is home to "The Poles" a great place to catch some waves. Several area surf-shops offer lessons or rentals at Hanna.



